

American College Health Association. (2008). American College Health Association-National College Health Assessment Spring 2007 reference group data report (abridged). (ACHA-NCHA). *Journal of American College Health*, 56, 469-480.

Arnsten, A. F. T. (2009). Stress signaling pathways that impair prefrontal cortex structure and function. *Nature Reviews Neuroscience*, 10, 410-422.

Casey, B. J., Jones, R.M. & Hare, T. A. (2008). The adolescent brain. *Annals of the New York Academy of Sciences*, 1124, 111-126.

Cerqueira, J. J., Mailliet, F., Almeida, O. F. X., Jay, T. M., & Sousa, N. (2007). The prefrontal cortex as a key target of the maladaptive response to stress. *The Journal of Neuroscience*, 27, 2781-2787.

Dreher, D.E., Feldman, D. B., & Numan, R. (2014). Controlling parents survey: Measuring the influence of parental control on personal development in college students. *College Student Affairs Journal*, 32, 97-111.

Lahey, J. (2015). *The gift of failure: How the best parents learn to let go so their children can succeed*. New York, NY: HarperCollins.

Lythcott-Haims, J. (2015). *How to raise an adult: Break free of the overparenting trap and prepare your kid for success*. New York, NY: Henry Holt & Company.

Marano, H. E. (2008). *A nation of wimps*. New York, NY: Broadway Books.

Michael, K. D., Huelsman, T. J., Gerard, C., Gilligan, T. M, & Gustafson, M. R. (2006). Depression among college students: Trends in prevalence and treatment seeking. *Counseling and Clinical Psychology Journal*, 3, 60-70.

Twenge, J. M. (2000). The age of anxiety? Birth cohort change in anxiety and neuroticism, 1952-1993. *Journal of Personality and Social Psychology*, 79, 1007-1021.

Twenge, J. M., Zhang, L., & Im, C. (2004). It's beyond my control: A cross-temporal meta-analysis of increasing externality in locus of control, 1960-2002. *Personality and Social Psychology Review*, 8, 308-319.